



GETFIT AC LEADERBOARD

The Club Leaderboard has been updated to include all road and trail races that have taken place during the period October 2016 to January 2017.

The full leaderboard is attached to this newsletter and the Top 10 Mens and Ladies points earners are listed here (right).

Congratulations to **Mike Hind** and **Sam Gould** who top the Men's and Ladies' leaderboard respectively, and very well done to those of you who have moved up the board.

Don't forget to send your race details through to Alan on a regular basis to ensure that all your races are recorded, and your results are captured correctly.

Only official races with published results can be considered so Alan will need the race name, date and distance you ran in order to verify your results.

New members, points cannot be allocated for races you entered before joining GETFIT AC, I'm afraid.

JANUARY LEADERBOARD				
MEN			LADIES	
ATHLETE	PTS		ATHLETE	PTS
Michael Hind	48	1	Samantha Gould	51
Grant Marais	42	2	Bronwyn Marais	90
Blair Thompson	41	3	Robyn Greyling	33
Aaron Engelbrecht	37	4	Linda Feher	30
Lester Daniels	34	5	Jandi Hallett	22
Corbyn Marais (jnr)	34	6	Samantha Nightingale	21
Andries Huyser	33	7	Silvia de Freitas	20
Alan Phillips	30	8	Melissa Lopes	19
Jarid Sherwood	24	9	Tammy Woodroffe	19
Gareth de Broize	24	10	Sue St Leger-Stretch	16
		=	Nicola Hewitt	16
		=	Amanda Seidler	16



IF YOU HAVE A CHAMPIONSHIP RACE CHIP, PLEASE REMEMBER TO UPDATE YOUR CLUB DETAILS AND 2017 LICENCE ON YOUR C/CHIP PROFILE.

DURBAN ULTRA – 5 MARCH 2017

Don't forget to come along to the Durban Ultra on 5th March to support our GETFIT AC tri-athlon teams. Malcolm, Mike & Blair and Dave, Alan & Denver will make up the two teams competing in the Ultra and Sprint events respectively ... and they would all welcome your support! The GETFIT AC gazebo will be set up near the transition area at Moses Mabhida Stadium so please join us there!



GETFIT ATHLETIC CLUB – RACE INFORMATION

RACE ENTRY INFO

Maritzburg Marathon and Half Marathon (26th February 2017)

Please note that this is a **pre-entry only** race!

Enter online at <http://pmb42.co.za>. Online entries closed at midnight on **12th February**.

Umgeni Water Marathon (12th March 2017)

Please note that this is also a **pre-entry only** race!

Enter online at <http://www.collegiansharriers.co.za/umgeni.htm>.

Online entries close at midnight on **5th March 2017**.

Deloitte Marathon (7th May 2017)

Please note that this race takes place a week later than the usual date of 1st May and is therefore **not** a qualifier for Comrades 2017!



PLEASE “LIKE” THE **GETFIT AC** FACEBOOK PAGE FOR CLUB NOTICES AND RACE INFO.

WEEKLY TRAINING RUNS IN THE HIGHWAY AND UMHLANGA AREA

Beloved Long Runs has a 15-30km run every Saturday morning. Route details are shared on our Facebook page every Wednesday and the runs usually start at 5am in the summer months. A full schedule of weekly trainings runs and Comrades route testers from January to May 2017 is available from Ali.

The **HiWay Just Run Group** does a 10km run from Oscars, Hillcrest, every Tuesday and Friday morning at 4.50am. Route info on their Facebook page.

There are **GETFIT AC Training Runs** every Thursday at 4.30pm and 5.30pm. Meet at GETFIT Hillcrest, Oxford Village, for a 4-5km jog/run at 4.30pm or a 8-12km run at 5.30pm, with options to turn earlier for shorter distances.

A group from **GETFIT Umhlanga** have started running 5 to 8km twice a week. Meet at the Durban View car park (south end of the promenade) in Umhlanga at 5.30pm on Tuesday and Thursday afternoons if you wish to join them.

Coach **JP Chelin** does a 10km run on Mondays from Virgin Active, Field Centre in Kloof at 4.50am. He also does a 14km run from the Caltex Garage, Winston Park on Wednesdays at 4.30am.

KZN SPORTS CALENDAR – SELECTED RACES/EVENTS ONLY

Road Running *Cross Country / Trail Running* *MTB / Cycling / Multi Sports* *Non-KZN Races*

FEBRUARY:

Sun 12 0500	Hillcrest Marathon (42.2km, 21.1km)	Hillcrest Villagers	Hillcrest Sports Club
Thur 16	Mixed Time Trial League #2	Savages AC	Savages Athletic Club, Durban
Sun 19	Hilton College Trail Run (20km, 12km, 6km)	KZN Trail Running	Hilton College, Hilton
Sun 26 0530	Maritzburg City Marathon (42.2km, 21.1km, 10km)	Natal Carbineers	Alexandra Park, Pietermaritzburg

MARCH:

Sun 5	Durban Ultra Tri-athlon (Ultra, Sprint events)	B-Active Sports	Moses Mabhid Stadium, Durban
Wed 8	Ladies Time Trial League #1	Forest Hills AC	Forest Hills Sports Club, Kloof
Sun 12 0530	Umgeni Water Marathon (42.2km, 32km, 15km)	Collegians Harriers	Midmar Dam, KZN Midlands
Sun 12 0600	Mariannhill Half Marathon (21.1km, 10km)	African Elite Club	Elangeni College, Pinetown
Thur 16	Mixed Time Trial League #3	Chiltern AC	Chiltern AC, Westville North
Sun 19 0600	Stella Royal (25km, 10km)	Stella Athletics Club	Stella Sports Club, Glenwood

GETFIT ATHLETIC CLUB COMMITTEE

Denver Subramany (Chairman)	(083) 956 9192	denver@getfitchallenge.co.za
Alan Phillips (Vice-Chairman)	(083) 400 2260	alanp@seaboardship.co.za
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Sam Gould	(082) 898 2633	gould@scottnet.co.za
Robyn Greyling (Ladies Captain)	(082) 771 3626	carebearsplayland@gmail.com
Shane Greyling (Mens Captain)	(082) 574 6734	littlestrikerssoccer@gmail.com
Al Moor (Secretary)	(073) 741 0218	alison.s.moor@gmail.com
Liesel Phillips	(083) 400 2258	lieselp@live.co.za
Bev Sajoe (Honorary Treasurer)	(072) 204 0205	qpas@mweb.co.za

BANK DETAILS: GETFIT AC, Standard Bank Acc # 251823768 (Kloof 04-55-26)

GETFIT KIT

Mens race vests (S-2XL)	R185
Ladies race vests (XS-XL)	R185
Long-sleeved tops (S-2XL)	R160
GETFIT peaks	R100
Trail unisex shirts (M-XL)	R175
Trail ladies vests (XS-L)	R160