

DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME	
10-Jan	Go Beyond For A Child	Stella Sports Club	15 km run/walk 5km fun run	Orcas Academy	C 060 496 6781 prodkhumalo@gmail.com	Prodigal Khumalo	06h00	
17-Jan	Ronnie Davel Memorial	Laddsworth Primary School, Hilton	16 km run/walk	Hilton Harriers	C 082 491 3194 C 082 806 6749 gm@redlandshotel.co.za jholliday@srk.co.za	Paul Laing John Holliday	07h00	
24-Jan	Kearsney Striders Half Marathon	Kearsney College	21 km run 10 km run/walk	Kearsney Striders	C 083 531 9417 purposedriven@telkomsa.net	Jenny Rigby	06h00	Pre-entries
31-Jan	PDAC 25km	Watercrest Shopping Centre	25 km run/walk	PDAC	C 061 069 7384 pdacsecretary@gmail.com	Lise Muchna	05h00	Pre-entries close 26 Jan
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07-Feb	DG Panel & Paint Challenge	Barns Road Rugby Grounds	32 km run 16 km run/walk	Sydenham Sports Club	C 084 254 2468 anita.giquel@gmail.com	Anita Johannes	05h00	Pre-entries close 03 Feb
14-Feb	Threshold Hillcrest Marathon	Corner Inanda & Old Main Roads, Hillcrest	42.2 km run 21.1 km run/walk	Hillcrest Villagers AC	C 082 455 4782 chairman@hillcrestvillagers.co.za	Marc Allen	05h00	Entries close 07 Feb
21-Feb	Zabalaza Marathon	George Cato Primary School	42.2km run 21.1 km run 10 km run/walk	Zabalaza Athletic Club	C 073 225 4146 nonjabulo2.ndlovu@gmail.com	Bongani Ndlovu	05h00	Entries close 16 Feb
27-Feb	Best of the Best Marathon	Kings Park Stadium	42.2km run 21.1km run 10km run	Ama-Ravens AC	C 082 589 5102 083 253 6708 ama-ravens@gmail.com	Mthoko Khuzwayo Mthoko Cele	05h00	Entries close 26 Feb
28-Feb	KZN Capital City Marathon	Pietermaritzburg City Hall	42.2 km run/walk 21.1 km run/walk 10km run/walk	Maritzburg City & Phuma KZN	C 083 375 4317 B083 372 7266 info@capitalcity42.co.za	Mondli Mtshali	05h00	Pre-entries
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06-Mar	Mfundo Lushaba Memorial	Luthuli High School	10km run /walk	Umzumbe Development AC	C 082 935 9220 B 039 972 0005 qhqwamahle@hotmail.com	Emmanuel Lushaba	07h00	
06-Mar	Richards Bay Hippo Marathon	Zululand Multi Sports Club	42.2km run 21.1 km run 10 km run/walk	Zululand Multi Sports Club	C 081 796 8771 zmsc@telkomsa.net	Casper Kriel	04h30	Entries close 01 Feb
07-Mar	Marshalls World of Sports Stella Royal with Vitality	Stella Sports Club	25 km run 10 km run/walk	Stella Athletic Club	C 083 406 3130 kevin.hendrikse@gmail.com	Kevin Hendrikse	05h30	Pre-entries close 28 Feb
07-Mar	Harry Gwala District Marathon	Ibisi to Umzimkhulu	42.2km run 21.1km run 10km run	Genius AC	C 072 948 8779 tgumede@ubuhlebezwe.gov.za	Themba Gumede	06h30	
14-Mar	Umgeni Water Marathon	Baynesfield Recreational Club	42.2 km run 21.1 km run 12 km run/walk	Collegians Harriers	C 082 336 7244 collegians.harriers@gmail.com	Les Burnard	06h00	Entries close 2 weeks prior
21-Mar	The Dolphin Coast Challenge	Lifestyle Ballito Sibaya Casino Virginia Sports Grounds	42.2 km run 21.1 km run 10 km run 5km fun run	Dolphin Coast Striders	C 083 252 0691 barry@theroc.co.za	Barry Holland	05h30	Pre-entries close 10 Mar
21-Mar	Willies Mchunu Legacy Marathon	Estcourt High School	42.2km run 21.1 km run 10 km run	Emtshezi Development AC	C 082 877 4890 cs.sithole60@gmail.com	Clement Sithole	06h00	
21-Mar	Ma'am Jila Memorial 10km Challenge	Mgenge Store	10km run	Zenzeleni AC	C 084 644 2733 B 079 730 1256 madlokovuzakhele@gmail.com	Zakhele Mngadi	07h00	Entries close 12 Mar
21-Mar	Jokana Zululand Ultra	Ulundi Airport	56km run 10km run/walk 5km fun run	Nongoma AC	C 076 095 5469 C 065 969 1125 thokuziprimary21@gmail.com	Manqele Mphathiseni	06h00	
27-Mar	Arthur Creswell Memorial Marathon	Bergville Municipal Offices	52km run 21.1km run	Ladysmith Athletic Club	C 083 627 8450 maxpillay@mweb.co.za	Max Pillay	06h00	Entries close 10 days before
28-Mar	Crescent Challenge	Kings Park Athletics Stadium	21.1 km run 10 km run/walk	Crescent Sporting Club	C 083 550 0600 jubeirav@mweb.co.za	Zubie	06h30	Pre-entries close 2 days before
28-Mar	Tronox Marathon	Addison Park, Empangeni	42.2 km run 21.1 km run/walk 10 km run/walk	Umhlatuze Athletic Club	C 082 947 2153 roys@bell.co.za	Roy Singh	05h30	Entries close 1 week before

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03-Apr	Two Oceans Marathon	Cape Town						
11-Apr	Durban City Marathon	Kings Park Athletics Stadium	42.2 km run 21.1 km run/walk 10 km run/walk	Durban City Multisports Club	C 082 783 7691 mandla_m@xsinet.co.za	Mandla Makhathini	05h30	Entries close 30 Mar
11-Apr	Gooderson Leisure Willem Boshoff 4-in-1 Memorial Marathon	Gooderson Leisure Natal Spa	42.2 km run 21.1 km run/walk 10 km run/walk	Vryheid Athletic Club	C 064 007 3924 melissascheepers33@gmail.com	Melissa Scheepers	06h00	Pre-entries close 6 Apr
18-Apr	Rising Sun Chatsworth Freedom Marathon	Chatsworth Stadium	52 km run 25 km run 10km run/walk	Rising Sun Chatsworth AC	C 082 877 0400 mmpaliam@gmail.com	Dan Paliam	05h30	Entries close 11 Apr
18-Apr	Nquthu	Agriculture (GG)	42.2 km run 21.1 km run	Nquthu Development Athletics	C 072 290 4063 C 073 397 9358 C 0786 285 0033 samkelisiwe1@gmail.com kenethshange033@gmail.com	Samkelisiwe Ntshangase Kenneth Shange	06h00	
25-Apr	10km Msinga Race	Cwaka R33	10km run/walk	Msinga Development AC	C 072 040 0084 C 082 693 4967 sabelozondi1@gmail.com	Sabelo Zondi	07h00	Entries close 20 Apr
25-Apr	Ushaka Family Half Marathon	Ushaka Marine World	21km run 10km run/walk	Ushaka Athletics Club	C 082 470 6461 laster@ushakamarineworld.co.za	Laster Matwalane	05h30	Entris close 1 week before
25-Apr	South Coast Ultra	Ugu Sport & Leisure Centre	48km run 21.1km run/walk 10km run/walk	South Coast Striders	C 063 696 0342	Marcel Luther	06h00	Entries close 25 Mar
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01-May	Selati Pongola 4 in 1 Sugar Cane Race	Pongola Caravan Park	42.2 km run 21.1 km run/walk 10 km run/walk	Pongola Athletic Club	C 082 323 6365 C 083 228 7682 pongolaac@outlook.com	Minette Johnstone Heinrich Koen	06h00	Entries close 25 Apr
02-May	Gaterite Challenge	Verulam Recreation Grounds	42.2 km run 21.1 km run/walk 10 km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	05h30	Entries close 27 Apr
02-May	Mathews Meyiwa Marathon	Mpumalanga Regional Stadium	42.2km run 10 km run/walk	Hammarsdale AC	C 072 880 5731 C 062 656 5310 thami.mbelu@yahoo.com	Richard Bhengu	06h00	Entries close 5 days before
09-May	Ice Promotion	Mount Edgecombe Recreational Grounds	21.1 km run/walk 10 km run/walk	Woodview AC	C 082 785 6530 ramraj@telkomsa.net	Prem Ramraj	06h00	Entries close 1 week before
16-May	Zakhele Flat & Fast	Kings Park Athletics Stadium	21.1km run 10km run	Zakhele Athletic Club	C 071 707 2297 078 036 6389 shepherdchitake7366@gmail.com	Zakhele Mkhwanazi Shepherd Chitake	06h30	Entries close 13 May
23-May	Peace in Africa	Kings Park Athletics Stadium	21.1 km run 5km fun run 10 km run/walk	Mayibuyi Athletic Club	C 083 545 8006 sayouth02@gmail.com	Siviwe Benya	06h30	Entries close 1 week before
23-May	Asiyeni Heritage Challenge	KwaMlaba	10km run	Asiyeni AC	C 071 094 9729	M Zungu	07h00	Pre entries
30-May	Sisonke Challenge	Inanda Heritage Park	10km run/walk	Sisonke AC	C 073 470 9842 sihle.shange@ymail.com	Sihle Shange	07h00	
30-May	James Nxumalo Challenge	Ndokweni Sports Field	10km run	Hlonipha AC	C 079 738 8513 phumlaniphu@vodamail.co.za	Phumlani Phungula	07h00	
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13-Jun	Comrades Marathon	Pietermaritzburg City Hall	90 km run	Comrades Marathon Association	B 033 897 8650 rowyn@comrades.com	Rowyn James	05h30	Entries close 13 Nov 2019
19-Jun	Nyanya Race	Enkonjeni Primary School	10km run/walk	Nigrescens AC	C 060 994 1652 nhlanhlabuthelezi05@gmail.com	Nhlanhla Buthelezi	08h00	
27-Jun	Durban SPAR Women's Challenge	Durban	10 km run/walk 5 km run/walk	Sydenham AC		Anita Johannes	08h00	
27-Jun	Qapheqolo Save the Rhino	Maclubi Sport Ground	21.1 km run 10 km run/walk 5 km fun run	Mtubatuba Athletic Club	C 079 609 7200 ssitwoleswe@gmail.com	Sizwe Jobe	07h00	
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04-Jul	Umkhumbane Half Marathon	Umkhumbane Museum	21.1km run 10m run/walk	Umkhumbane AC	C 072 444 6070 B 061 456 3864 youthvonke.org@gmail.com	Mondli Cetshane	06h00	Entries close 7 Jun
04-Jul	Cemetery to Cemetery	Ethembeni, Lincon Meade Cemetery	12km run	Maritzburg City AC	C 076 827 2930 khayelihlefs@gmail.com	Muzi Mkhize	06h30	Entries close 03 Jul
18-Jul	Forest 10km	Forest Hills Sports Club	10km run/walk	Forest Hills Sports Club	C 083 659 3364 mcleonardfam@gmail.com	Sandra	07h00	Entries close 17 Jul
25-Jul	Howick 10km Race	Mageza Garage, Mpophomani	10km run/walk	Umgeni Howick Academy	C 073 402 3882 / 064 993 9463 nvmotshwa987@gmail.com	Ntokozo Mlotshwa	07h00	Entries close 24 Jul
25-Jul	Durban Sunrise Run	Sunkist Lawns, Bike & Bean (Durban Promenade)	21.1km run 10km run	Getfit AC	C 073 741 0218 alison.s.moor@gmail.com	Alison Moor	06h30	Entries close 18 Jul
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01-Aug	Durban Runner Challenge	Glenwood High School	21.1 km run 10 km run/walk	Durban Runner Athletic Club	C 082 332 9616 zane@durbanrunner.co.za	Zane	06h15	Entries close 3 days before

08-Aug	Chatsworth 10	Chatsworth Stadium	10 km run/walk	Rising Sun Chatsworth Athletic Club	C 082 877 0400 mmpaliam@gmail.com	Dan Paliam	08h00	
08-Aug	Ithuba 21km	Ithuba Office - Kranskop	21.1km run/walk 10km run/walk	Ntunjambili AC	C 078 460 1597 samuelzikode@gmail.com	MS Maphumulo	07h00	
09-Aug	Totalsports Womens Race	Kings Park Athletics Stadium	10km run/walk 5km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	08h00	Entries close 01 Aug
09-Aug	Memel to Newcastle	Memel Church	51.2km run	Osizweni Club	C 082 923 0078 info@champ.co.za	Johan Pieters	06h00	Entries close 02 Aug
14-Aug	Newcastle Night Race	Newcastle Mall	10km run	Harambe 2040 AC	C 072 315 8936 harambe2040ac@gmail.com	Sandile Mthembu	17h00	Entries close 12 Aug
15-Aug	Supa Mama Savages 21/10km Challenge	Morningside Primary School	21.1 km run 10 km run	Savages Athletic Club	C 078 281 6981 chairman@savagesac.co.za	Robin Honneysett	06h30	Entries close 1 week before
15-Aug	Maritzburg SPAR Women's Race	The Oval	10 km run/walk 5 km run/walk	Natal Carbineers AC			08h00	
22-Aug	Park Lane Superspar Capital Climb	Voortrekker High School, Cordwallis Road, Pietermaritzburg	15km run/walk 5km run/walk	Midlands Athletic Club	C 083 374 9502 capitalclimb@gmail.com	Tony Morrison	07h00	Entries close 1 week before
29-Aug	Mandela Marathon	Manayi Hall, Howick	42.2km run 21.1 km run 10 km run/walk	KZNA	031 312 9374 admin@kznathletics.co.za		06h00	Pre entries
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04-Sep	Eshowe Vithiza	Eshowe Sports Club	10km run/walk	Eshowe Striders AC	C 079 528 3750 eshowestriddersac@gmail.com	Miseni Biyela	06h30	Entries close 4 day prior
05-Sep	Merewent 10km	Dhubri Road Sports Ground	10km run/walk	Merewent Athletic Club	C 073 495 5521 athleticsmerewent@gmail.com	Pat Pather	06h00	
12-Sep	SAPS Striders Heritage Challenge	Kings Park Athletic Stadium	21.1 km run 10 km run/walk	SAPS Striders AC	C 072 881 1975 mntungwathulani@yahoo.com	Thulani Mtungwa	06h30 06h45	Entries close 07 Sep
19-Sep	The Mineshaft	Queensburgh Sports Association	15 km run/walk	Queensburgh Harriers	C 082 775 4000 lookme@polka.co.za	Lucas	06h00	
25-Sep	LAC Night Race	Ladysmith Athletic Club	21.1km run 10km run/walk	Ladysmith Athletic Club	C 083 627 8450 maxpillay@draklog.com	Max Pillay	16h00	
26-Sep	Checkout Challenge with Vitality	Kings Park Stadium	21.1km run 10km run/walk 5km fun run	Checkout Verulam Falcons AC	C 082 333 8511 mogie@sif.co.za	Mogie Padayachee	06h30	Pre-entries close 17 Mar
26-Sep	Amajuba Marathon	Old Monte Vista Casino, Drakensburg Avenue	42.2km run 21.1km run 10km run	Newcastle City AC	C 083 310 8519 muzi.ngema37@gmail.com	Muzi Ngema	06h00	Entries close 3 days before
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03-Oct	1860 Challenge	Amphitheatre - North Beach	10 km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	06h00	Entries close 29 Sep
03-Oct	Mkhambathini Half Marathon	TBA	21.1km 10 km	Mkhambathini AC	C 064 937 3380 msizizimu@gmail.com	Msizi Zimu		Entries close 03 Sep
10-Oct	AK 10km	Kloof Country Club	10km run/walk	Athletics Kloof	C 082 556 1461 barbara@signifyfrica.co.za	Barbara de Kock	06h00	Entries close 06 Oct
10-Oct	Wasbank Marathon	Sigweje High School	42.2km run 21.1 km run/walk 10 km run/walk	Wasbank Athletic Club	C 072 450 3481 wasbankac@gmail.com	Sifiso Nzuzza	05h30	Entries close 08 Oct
24-Oct	Goss & Balfe South Coast Marathon	Scottburgh	42.2 km run 21.1 km run/walk 10 km run/walk	Amanzimtoti Athletic Club	C 082 498 6032 toti.ac.treasurer@gmail.com	Lynette Botha	05h30	Entries close 15 Sept
24-Oct	Abalindi	Ladysmith Athletic Club Office	21km run 10km run	Abalindi AC	C 076 474 4457 smdakane@gmail.com	Sifiso Mdakane	06h00	Entries close 20 Oct
31-Oct	FNB Durban 10km City Run	Durban Beachfront	10km run/walk	Ethekwini Athletic Club	C 072 226 6810 nhlumayokhetha@gmail.com	Khetho Nhlumayo	07h00	Entries close 01 Jul
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07-Nov	Bluff Marathon	55 Smith Drive, Bluff	42.2 km run 21.1 km run 15 km walk	Bluff Athletic Club	C 083 625 3386 info@bluffac.co.za	Lindsay Kapp	05h00	Entries close 1 week before
14-Nov	Ignition Oldies 10km	Crusaders Sports Club, Durban North	10 km run/walk	DHS Old Boys AC	C 082 941 4004 rene@vantagedata.co.za	Rene van Breukelen	06h00	Online entries close 10 Nov Manual entries close 13 Nov
14-Nov	Save Orion Race	Save Hyper, 362 Victoria Street, Pietermaritzburg	21.1 km run/walk 10 km run/walk	Save Orion Athletic Club	C 083 659 2732 ajdna@live.com	Ajith Deena	05h30	Entries close 24 Oct
20-Nov	Josiah Gumede Marathon	Bergville Sports Centre	42.2km run 21.1km run 10km run	Drakensberg Athletic Club	C 083 252 0691/083 399 2472 barry@theroc.co.za	Barry Holland	05h00	Entry close 15 Nov
21-Nov	Hope Challenge	Durban University of Technology	21.1 km 10 km	Ethekwini Athletic Club	C 072 226 6810 nhlumayokhetha@gmail.com	Khetho Nhlumayo	06h00	Entries close 20 Nov
27-Nov	Sani Stagger	Sani Pass Hotel	42.2 km run 21.1 km run	Sani Athletic Club	C 082 329 7737 spurgeon@runningmanadventures.co.za	Spurgeon Flemington	06h00	Entries close 29 Oct
28-Nov	City to Harbour Race	Greyville Racecourse	15km 10 km 5km	Kindred Sports	C 081 350 9946 successbq@gmail.com	P Baqwa		
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05-Dec	Beds 2 Go YWP Stainbank Cup	Yellowwood Park Sports Club	15 km run 10 km walk	Yellowwood Park Athletic Club	C 083 384 4053 freds@sa-shipyards.co.za	Fred Schoon	06h00	Pre-entries close 01 Dec
11-Dec	Umhlatuze Race	Empangeni - Richards Bay	10km run/walk 5km run/walk	NHB Harriers AC	C 078 722 7423 khumalokz@gmail.com	Khulekani Khumalo	06h00	
12-Dec	Ilovo Sugar 15km Christmas Challenge	Westville Athletic Club	15 km run/walk	Westville Athletic Club	C 082 414 1783 westvilleathleticclub@gmail.com	Sharon Schubach	06h00	Pre entries close 08 Dec
16-Dec	Durban City 10km	Kings Park Athletic Stadium	10km run/walk	Durban City Multisports Club	C 082 783 7691 mandla_m@xsinet.co.za	Mandla Makhathini	05h00	
19-Dec	The Last Chance Classic	Sugar Rush Park, Ballito	21 km run 10 km run	Dolphin Coast Striders	C 083 252 0691 barry@theroc.co.za	Barry Holland	06h00	Entries close 13 Dec
19-Dec	Manguzi 10km Challenge	Manguzi Multisports Complex	10km run	Manguzi AC	C 072 543 2249 manguziathletics@gmail.com	Mrs Vumase	07h00	