

DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
08-Jan	Abagijimi Race	Hayfields Primary School, Pmb	10km run/walk 5km run/walk	Abagijimi Athletic Club	C 072 601 4500 / 083 6281450 abagijimi091@gmail.com	Mpume Mtambo	06h00
15-Jan	Ronnie Davel Memorial	Laddsworth Primary School Hilton	16 km run/walk	Hilton Harriers	C 082 806 6749 jholliday@srk.co.za	John Holliday	07h00
15-Jan	Scottburgh Half Marathon	Scottburgh Golf Club	21.1km run 10km run	Scottburgh Athletic Club	C 083 265 1029 danadaniels303@gmail.com	Dana Daniels	05h30
22-Jan	Kearsney Striders Half Marathon	Kearsney College	21 km run 10 km run/walk	Kearsney Striders	C 083 531 9417 purposedriven@telkomsa.net	Jenny Rigby	06h00
29-Jan	PDAC 25km	Watercrest Shopping Centre	25 km run/walk	PDAC	C 082 656 7707 pdacsecretary@gmail.com	Lise Muchna	05h00
TBC	ASA 35km Race Walking Championships and Inter-Provincial Race Walking Challenge	TBC	35km	ASA	C 076 133 6131 ThabangMx@athleticssa.co.za	Thabang Maleka	
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
04-Feb	Inkamana Half Marathon	Inkamana Athletics Field Vryheid	21.1km run/walk 10km Run/walk 5km run/walk	Inkamana High Athletics Club	C 067 112 8099 thami.sukazi@gmail.com	Thami Sukazi	06h30
05-Feb	DG Panel & Paint Challenge	Barns Road Sports Grounds Sydenham	32 km run 16 km run/walk	Sydenham Sports Club	C 084 254 2468 anita.giquel@gmail.com	Anita Johannes	05h00
11-Feb	Bekiziwe Joseph Shabalala Marathon	Kirkintulloch Primary School Embuzweni	42.2km run 21.1km run 10km 2km fun run	Ladysmith Athletic Club	C 083 252 0691/083 399 2472 barry@theroc.co.za	Barry Holland	06h00
12-Feb	Threshold Hillcrest Marathon	Corner Inanda & Old Main Roads, Hillcrest	42.2 km run 21.1 km run	Hillcrest Villagers AC	C 082 465 4144 secretary@hillcrestvillagers.co.za	Julyette Lewis	05h00
18-Feb	RBMAC	Richards Bay	10km run/walk	Richards Bay Minerals AC	C 0873 442 8185 victor.msimango@riotinto.com	Victor Msimango	05h00
19-Feb	Zabalaza Marathon	George Cato Primary School	42.2km run 21.1 km run 10 km run/walk	Zabalaza Athletic Club	C 073 225 4146 nonjabulo2.ndlovu@gmail.com	Bongani Ndlovu	05h00
19-Feb	Mayoral Half Marathon	Edumbe Regional Stadium Paul Pietersburg	21.1km ru/walk 10km run/walk 5km run/walk	Edumbe Athletic Club	C 076 022 0436 mthethwavincent@gmail.com	Mthethwa Vincent	05h30
25-Feb	Battlefields Marathon	Hutten Park School	42.2km run 21.1km run/walk 10km run/walk	Newcastle Harriers	C 083 652 8779 tax@nnmail.co.za	Elsa Grundlingh	06h00
26-Feb	Best of the Best Marathon	Kings Park Stadium	42.2km run 21.1km run/walk 10km run/walk	Ama-Ravens AC	C 082 589 5102 / 083 275 2471 ama.ravens@gmail.com	Mthokoziso Khuzwayo	05h00
26-Feb	KZN Capital City Marathon	Pietermaritzburg City Hall	42.2 km run 21.1 km run 10km run	Phuma KZN	C 082 298 1873 info@capitacity42.co.za racedirector@capitacity42.co.za	Mafika Dlamini	05h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
05-Mar	Ice Promotion	Mount Edgecombe Recreational Grounds	21.1 km run 10 km run/walk	Woodview AC	C 082 785 6530 ramraj@telkomsa.net	Prem Ramraj	05h30
05-Mar	Mfundo Arnold Lushaba Half Marathon	Luthuli High School	21.1km run 10km run/walk	Umzumbe Development AC	C 082 935 9220 / 065 530 3820 ghawamahle@hotmail.com	Emmanuel Lushaba	06h00 06h30

12-Mar	Durban International Marathon incorporating ASA Marathon Championships	Toyota, Prospecton Road	42.2km run 10km run	Phantane AC	C 061 436 3967 / 076 133 6131 mdu.khumalo@golddev.co.za thabangmx@athleticssa.co.za	Mdu Khumalo Thabang Maleka	06h00
19-Mar	South Coast Ultra	Ugu Sports Stadium	48 km run 21.1 km run 10 km run	South Coast Striders Athletic Club	C 083 409 9056 katija.essack@gmail.com	Catija Essack	06h00
19-Mar	Umgeni Water Marathon	Midmar Dam Howick	42.2 km run 21.1 km run 10 km run	Collegians Harriers	C 082 750 0822 collegians.harriers@gmail.com	Les Burnard	06h00
25-Mar	Richards Bay Hippo Marathon	Zululand Multi Sports Club	42.2km run 21.1 km run 10 km run/walk	Zululand Multi Sports Club	C 081 796 8771 entry@msem.co.za / info@zmsc.co.za	Casper / Igna	05h30
26-Mar	Durban City Multisport Marathon	Kings Park Athletics Stadium	42.2 km run 21.1 km run 10 km run walk	Durban City Multisport Club	C 082 783 7691 mandla_m@xsinet.co.za	Mandla Makhathini	05h30
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
02-Apr	The Dolphin Coast Marathon incorporating the KZNA 21km Championship	Durban Promenade	42.2 km run 21.1 km run 10 km run	Dolphin Coast Striders	C 083 252 0691 barry@theroc.co.za C 031 312 9374 jabulani.m@kznathletics.co.za	Barry Holland	05h30
09-Apr	Ice Promotion	Mount Edgecombe Recreational Grounds	21.1 km run 10 km run/walk	Woodview AC	C 082 785 6530 ramraj@telkomsa.net	Prem Ramraj	05h30
15 & 16 Apr	Two Oceans Marathon	Cape Town					
23-Apr	Rising Sun Chatsworth Freedom Marathon	Chatsworth Stadium	52 km run 25 km run 10km run/walk	Rising Sun Chatsworth Athletic Club	C 082 877 0400 mmpaliamj@gmail.com	Dan Paliam	05h30
30-Apr	Checkstar Challenge with Vitality	Kings Park Stadium	21.1km run 10km run/walk	Checkstar Falcons Athletic Club	C 083 243 5467 amres.moodley@gmail.com	Amres Moodley	06h15 06h45
30-Apr	Prince Mangosuthu Ultra Marathon	Nqutu, Zululand	52km run 21.1km run/walk 10km run/walk	Biggarsberg Athletic Club	C 083 377 8959 ngobesemabonga@gmail.com	Siyabonga Ngobese	05h30
30-Apr	Tronox Marathon	Old Mtubatuba Road Empangeni	42.2km run 21.1km run 10km run/walk	Umhlatuze Athletic Club	C 073 238 2403 sikhumbuzogncobo@gmail.com skhumbuzo.ngcobo@kznhealth.gov.za	Skhumbuzo Ngcobo	05h30
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
07-May	Marshall's World of Sport Stella Royal with Vitality	Stella Athletic Club	25km run 10km run/walk 5km run/walk	Stella Athletic Club	C 083 406 3130 kevin.hendrikse@gmail.com	Kevin Hendrikse	06h00 06h30 07h00
14-May	Peace in Africa	Kings Park Athletics Stadium	21.1 km run 10 km run/walk	Mayibuyi Athletic Club	C 083 545 8006 sayouth02@gmail.com	Siviwe Benya	06h30
14-May	Harry Gwala District Marathon	Highflats - R612	42.2km run 21.1km run 10km run	Genius AC	C 072 948 8779 tgumede@ubuhlebezwe.gov.za	Themba Gumede	07h00
21-May	The Big Walk	Kingspark Athletic Stadium	5km/10km walk	KZNA	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	08h00
27-May	Bhamshela Race	Sgodiphola - Chibini, Ndwedwe	10km run 5km run	14 Fast Movers AC	C 072 348 2934 eliasmkhize27@gmail.com	Elias Mkhize	07h00
28-May	Chillie Lifestyle Race	Kingspark Athletic Stadium	10km run	Chillie Running Club KZN	C 073 179 6452 kzn@chillirunners.co.za	Nonkululeko Gcabashe	05h30
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME

03-Jun	Nelson Mandela Bay Half Marathon incorporating ASA Half Marathon Championships	Pollock Beach, Summerstrand Gqerberha	21,1km	ASA	irene@ep.co.za thabangm@athleticsa.co.za	Irene van Eeden Thabang Maleka	
10-Jun	Youth Run	Kings Park Athletic Stadium	10km run 5km run	KZN Athletics	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	08h00
11-Jun	Comrades Marathon	Pietermaritzburg City Hall	90 km run	Comrades Marathon Association	B 033 897 8650 info@comrades.com	Rowyn James	05h30
17-Jun	Nedbank Extra-Mural Gijima	Kings Park Athletic Stadium	10km	Nedbank Running Club	C 073 089 9273 wiseman.sibaya@gmail.com	Wiseman Sibaya	06h30
18-Jun	Manguzi 10km Challenge	Shayina Stadium Manguzi Multisport Complex Manguzi	10km run	Manguzi AC	C 072 543 2249 zenith.vumase@gmail.com manguziathletics@gmail.com	Zenith Vumase	08h00
18-Jun	JL Dube Marathon	Dube Trade Port	21.1km run 10km run/walk	Orcas Running Academy	C 060 496 6781	Prodigal Khumalo	07h00
25-Jun	Durban SPAR Women's Challenge	TBC	10 km run/walk 5 km run/walk	Sydenham AC	C 083 501 0202 brad@unbranded.co.za	Brad Glasspoole	
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
09-Jul	Absa Run Your City 10km	Durban Promenade	10km	eThekwini AC	C 0722218784 nduku@realtimereading.co.za	Ndokenhle Zulu	
16-Jul	Howick 10km Race	Mpophomeni Shopping Centre	10km run/walk	Umngeni Howick Academy AC	C 073 492 3882 / 064 993 9463 nvmlotshwa987@gmail.com	Ntokoza Mlotshwa	07h00
16-Jul	SA Men Run 10km	King Park Athletics Stadium	10km run	Sisonke AC	C 073 470 9842 / C 084 425 2524 sihle.shange@ymail.com	Sihle Shange Mike Nzimande	06h00
23-Jul	VUM Durban Sunrise Run incorporating the KZNA 10km Championship	Suncoast Sun Deck, Suncoast Casino (Durban Promenade)	21.1km run 10km run	Getfit AC	C 073 741 0218 alison.s.moor@gmail.com 031 312 9374 jabulani.m@kznathletics.co.za	Alison Moor	06h30
30-Jul	Forest 10km	Forest Hills Sports Club	10km run/walk	Forest Hills Sports Club	C 060 818 5843 jowild@hotmail.com	Jo Wild	06h30
	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
06-Aug	Supa Mama Savages 21/10km Challenge	Morningside Primary School	21.1 km run 10 km run	Savages Athletic Club	C 073 281 4957 treasurer@savagesac.co.za	Gordon Diener	06h00
09-Aug	Totalsports Womens Race	Kings Park Athletics Stadium	10km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	08h00
20-Aug	Merewent 15km	Travancore Drive	15km run	Merewent AC	C 083 659 2537 lenny.govender@vopak.com	Lenny Govender	06h30
27-Aug	Hilton to Capture Site	Hilton to Capture Site	21km run 10km run	TBC	C 031 312 9374 admin@kznathletics.co.za	Jabulani Mhlungu	07h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
03-Sep	Park Lane Superspar Capital Climb	Voortrekker High School, Cordwallis Road, Pmb	15km run/walk 5km run/walk	Midlands Athletic Club	C 083 374 9502 capitalclimb@gmail.com	Tony Morrison	07h00
09-Sep	Health Wellness Race	Oval Sports Ground	21.1km run	Kokstad Link Pharmacy Runners Club	C 078 907 6631 kokstadlinkpharmacyrunnersclub@gmail.com	Ntsepiseng Mkhize	06h00
10-Sep	SAPS Striders Heritage Race	Kings Park Athletic Stadium	21.1 km run 10 km run/walk	SAPS Striders AC	C 072 881 1975 mntungwathulani@yahoo.com	Thulani Mntungwa	06h30 06h45
17-Sep	Gaterite Challenge	Kings Park Stadium	21.1km run/walk 10km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	06h30

17-Sep	Msunduzi Half Marathon	Msunduzi Athletic Stadium	21.1km run/walk 10km Run/walk 5km run/walk	Maritzburg City Athletic Club	C 082 797 3999 / 01 795 1421 maritzburgcity.ac1@gmail.com	Lungisani Mhlophe Sihle Zondi	06h00
24-Sep	Mathews Meyiwa Half Marathon	Mpumalanga Regional Stadium	21.1km run 10 km run/walk	Hammarsdale AC	C 072 880 5731 thami.mbali@yahoo.com	Richard Bhengu	06h00
2022/09/25 OR 2023/10/28	ASA 10km Championships	TBC	10km	ASA	C 076 133 6131 ThabangMx@athleticsa.co.za	Thabang Maleka	
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
01-Oct	Eye Can Walk and Run Charity Challenge	Kings Park Athletic Stadium	10 km run/walk	Verulam Athletic Club	C 083 783 6363 anaicker@yahoo.com	Anand Naicker	06h30
08-Oct	Wasbank Marathon	Sigweje High School Ladysmith	42.2km run 21.1 km run/walk	Wasbank Athletic Club	C 072 450 3481 wasbankac@gmail.com sifiso.nzuza60@gmail.com	Sifiso Nzuza	05h30
08-Oct	Township to Township	Umlazi	42.2km run 21.1km Run	Umlazi AC Chersterville AC KwaMashu AC	C 0734709842 sihle.shange@gmail.com	Sihle Shange	05h00
15-Oct	Isimangaliso	Bhangazi Gate to Capevidal	32km run 10km run	Mtubatuba AC	C 082 424 6875 ssitholezwe@gmail.com	Sizwe Jobe	07h00
22-Oct	Boxer Day of Races 5km.	Kingspark Athletic Stadium	10km run 5km run	Boxer Athletics Club	C 083 447 0697 andrew@tmmedia.co.za	Andrew Taylor	08h00
29-Oct	Goss & Balfe Sapphire Coast Marathon	Amanzimtoti Athletics Club	42.2km run 21.1km run/walk 10km run/walk	Amanzimtoti Athletics Club	C 082 871 7181 cbotha01@telkkomsa.net	Charles Botha	06h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
05-Nov	Hollybets Durban Summer	Kings Park Athletic Stadium	10km run	Hollywood Bets AC	C 087 353 8930 athleticsclub@hollywoodbets.net	Lala / Siphso	06h00
12-Nov	SA Home Loans Oldies 10km	10 Ranleigh Crescent, Durban North	10 km run/walk	DHS Old Boys AC	C 082 941 4004 renvanb@gmail.com	Rene van Breukelen	06h00
19-Nov	Ulundi Striders 10	Prince Mangosuthu Buthelezi Stadium	10Km run	Ulundi Striders	C 0799464465 gazumoses@yahoo.com	Moses Gazu	06h30
19-Nov	Bluff Marathon	Fynnlands Sports Club 55 Smith Drive, Bluff	42.2km run 21.1 km run/walk 15 km walk	Bluff Athletic Club	C 083 625 3386 C 083 629 2388 info@bluffac.co.za	Lindsay Kapp Vee Maharaj	05h00
25-Nov	KZNA Race Walking Championship	Kings Park Athletic Stadium	35km walk 20km walk 10km walk 5km walk	KZNA	C 031 312 9374 jabulani.m@kznathletics.co.za	Jabulani Mhlungu	05h30
25-Nov	Drakensberg Marathon	P288 Bergville	42.2km run 21.1km run 10km run	Drakensberg Athletic Club	C 083 252 0691/083 399 2472 barry@theroc.co.za	Barry Holland	06h00
26-Nov	Save Orion Race	Save Hyper, 362 Victoria Street, Pietermaritzburg	21.1 km run/walk 10 km run/walk	Save Orion Athletic Club	C 083 262 5121 ajdna@live.com	Ajith Deena	05h30
26-Nov	Durban Runner Challenge	Kings Park Athletic Stadium	21.1km run 10km run	Durban Runner AC	C 082 332 9616 zane@durbanrunner.co.za	Zane	06h00
DATE	NAME OF EVENT	VENUE	DISTANCE	ORGANISED BY	E-MAIL ADDRESS/CONTACT NUMBERS	CONTACT PERSON	TIME
02-Dec	Hope Challenge	Kings Park Athletics Stadium	21.1 km run/walk 10 km run/walk	EThekwini AC	C 0722218784 nduku@realtimetreading.co.za	Ndokenhle Zulu	06h00

03-Dec	Beds 2 Go Stainbank Cup	Yellowwood Park Sports Club	15 km run	Yellowwood Park Athletic Club	C 083 384 4053 freds@sa-shipyards.co.za	Fred Schoon	06h00
03-Dec	uMhlathuze Race	Richards Bay	21.1km run 10km run/walk 5km run/walk	NRB Harriers AC	C 078 722 7423 nrbarriers@gmail.com	Khulekani Khumalo	06h00
10-Dec	Illovo Sugar 15km Christmas Challenge	Westville Athletic Club	15 km run/walk	Westville Athletic Club	C 082 414 1783 westvilleathleticclub@gmail.com	Sharon Schubach	06h00
17-Dec	Orcas Ultra	Inanda Dam	50km run 25km run	Orcas Running Academy	C 060 496 6781 C 073 470 9842 sihle.prodhumalo@gmail.com sihle.shange@ymail.com	Prodigal Khumalo Sihle Shange	06h00